



# CASSEROLE COOK-OFF

## GROUP VOLUNTEER ACTIVITY

*Our meals, our recipes, food prepping, dieting - our shared culture around food has made many of our meals feel as if they are luxuries. But food is not a luxury - it is a necessity. By completing this activity, you are breaking down a common boundary to food access and inviting youth to share a meal with you.*

### WHAT ARE WE DOING?

Prepare and cook a delicious meal for youth to enjoy immediately or at a later date. Groups are expected to bring any necessary supplies to help them prepare and cook their meal. Outreach's kitchen has supplemental supplies, such as pots, pans and utensils that may help with your group's preparation. Please be prepared to leave the kitchen as clean and organized as your group found it.

### WHERE ARE WE DOING IT?

This activity takes place within the Program Center's commercial-grade kitchen, located at 2416 E New York Street. All preparation of food must take place within the Program Center's kitchen.

### HOW MANY PEOPLE DO WE NEED?

Due to the size of our kitchen, we ask that your group be 5 people or fewer.

### ARE WE GOING TO HAVE FUN?

Yes! Every time you volunteer at Outreach, don't forget that what you are doing is truly helping the youth we serve. Always remind yourself and your group that you are doing something incredible. Take photos and videos of your work and your group to share on your social feeds, and be sure to tag Outreach in your posts!

## QUESTIONS?



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**OUTREACH**  
Hope for homeless youth